

YOGA & Meditation

with Didier & Ann Razon

Sunday, August 23
1 to 5 p.m.

Join us for two great workshops
with Didier and Ann Razon.

1 to 3 p.m.

Ann will present "Journey to the Heart",
a guided healing experience of
introspection & meditation.

3 to 5 p.m.

Yoga Asana & Philosophy
workshop with Didier

\$25 each or \$45 for both sessions.



YOGA CENTRAL

A center for yoga and healing.

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